



The Armor of Faith
Topic Summary: Flame of Love
Part VII: Messages of Grace



public domain

Introduction

[Greeting:] → Welcome to “The Armor of Faith,” a show where we hope to bring our listeners closer to the Word of God and the blessings we receive through living in the fullness of the Catholic faith. My name is Doug and I will be your host as we discuss the blessings of the Church Christ built upon Peter.

I am joined today by my panel: [names]

Helen is a lay-Dominican with a love for music ministry. The Dominicans, I always mention, are also known as the Order of Preachers. In addition to being my lovely wife as well as a wonderful blessing, Sharon is a youth and adult formation catechist. We are also blessed to have on our panel, Donna Mae, who is the artist who sculpted the statue of Our Lady of America which was carried by our youth and blessed by Saint John Paul II at the 1993 World Youth Day.

We are also joined by special panel guests from the Flame of Love Movement; John Sullivan, Patti Schwartz, and Yvonne Duffy.

John is the National Spokesperson for the Flame of Love Movement in the US. John left the Church in 1973 but returned to the Catholic Church in 1998 after a study of the Ante-Nicene Fathers. Since then, he has been involved in local catechesis and parochial and diocesan evangelization.

Patti is the National Hispanic director for La Llama de Amor, United States. She taught in the New York public school system for 24 years and received the top model teacher award for New York State by an NBC affiliate. Patti is currently hosting a weekly radio show on The Flame of Love at Radio María Miami and evangelizes the Flame of Love movement to the cities in South Florida.

Yvonne is the Western Regional Leader for the Flame of Love Movement of the Immaculate Heart of Mary in the United States. She has been a devotee and promoter of the Flame of Love since 2014. She has developed and lead a FOL telephone prayer chain, has facilitated monthly prayer meetings, hosts a nightly FOL rosary and is a virtual cenacle leader.

Of course, as everyone knows by now, I am simply here to ask questions because questions open the door to answers which we hope our listeners will find of value. Anyway, to answer my questions, correct my pronunciation, and make sure I know which century I am talking about is why we have our panelists, so welcome to our panelists as well as to our listeners.

Let us open with a prayer:

In the name of the Father, the Son and the Holy Spirit.

Heavenly Father, we lift up our hearts in thanks and praise for this opportunity to open and share your Holy Word this day. We pray that You are with us and all our listeners as we share with one another the blessings of faith. We pray You will grant us wisdom and understanding as we seek to learn Your Holy Truth.

Dear Lord, we also lift up the prayers in our prayer basket. You know what is written on each one and you know the hearts of those who offer their thanks and praise as well as their petitions for the blessings of Your great mercy.

We pray especially today for the conversion of the soul of Curtis' grandmother as she prepares to come to You. We pray, dear Lord, for Your hand of Mercy and Love to rest upon her so she may know and we all may rejoice over Your Divine Mercy.

Dear Lord, we also continue to pray that in this time of turmoil, corruption is exposed and truth revealed so the children of Your creation are not deceived by the designs of evil.

In the name of the Father, the Son and the Holy Spirit we pray. Amen.

If you would like to add your prayers to our prayer basket, all you need to do is send us an email at armoroffaithradio@gmail.com. We ask that you include the word “prayer” in the subject line so that we will give it priority and ensure we place it in our prayer basket. Just so you know, Sharon and I lift up our prayers with those in the Armor of Faith Radio prayer basket during the course of our daily prayers.

We would like to inform you that WCAT Radio, the organization through which this and a variety of kindred Catholic radio shows are presented, is conducting a funding drive to help address the costs of operation and production. WCAT Radio presents two dozen hours of new, quality, Catholic programming each week and offers well over 5,000 hours of archived programming in history, theology, spirituality, and poetry for the purpose of promoting the Catholic spiritual journey — a virtual audio library of our Catholic faith. Please consider giving a tax deductible donation to WCAT Radio to enable them to continue to broadcast the Catholic message. You can donate online at <https://wcatradio.com/support>. Any amount you can contribute, helps.

We would also like to ask you to assist Armor of Faith Radio in our evangelization. By sharing the URL for our show, you can help us spread knowledge of our faith. All you need to do is share the URL, wcatradio.com/armoroffaith via email or social media and tell family and

friends as well. Several of the streaming services through which we are available on demand also have share options, so we invite you to join the evangelization and help us spread the good news of the Gospel and our trust in Jesus Christ. You can also help us by selecting the follow or subscribe option associated with the service through which you listen to our show.

Current Day Commentary:

Living the Faith of Love

On Christmas Day I had a conversation with a very good friend. As the conversation progressed, my friend lamented as to the criticism Catholics receive for praying for the souls in purgatory. He asked, “How can what we do with love be offensive to God?”

As we talked, I related my observation that the critics of our faith always seem to try and peel away something from the faith, such as our prayers for the souls in purgatory, our relationship with Our Blessed Mother, our relationship with the saints, how we pray, or the real presence of Christ in the Eucharist. Indeed, when we live these elements of our faith with the love to which we are called by Christ, we might ask the critics, how is it our love would upset God?

When we consider the two greatest commandments; to love God with all our heart, all our mind and all our soul; and Jesus told us the second is like the first; to love one another as ourselves, (cf. Matthew 22:36-40), we should consider that love is a guiding light. What we do to live and fulfill the true intentions of love, must take us in the direction to which Christ calls us, especially as He said:

(John 13:34-35)

34 “I give you a new commandment: love one another. As I have loved you, so you also should love one another. 35 This is how all will know that you are my disciples, if you have love for one another.”

The commandment of our Lord was not new in concept, but He set a higher standard, not simply to love, but to love as He has loved us; keeping in mind He laid down His life for our salvation. If we think about it, that is a pretty high standard to which we are called.

Let us also consider:

(Galatians 5:19-26)

19 Now the works of the flesh are obvious: immorality, impurity, licentiousness, 20 idolatry, sorcery, hatreds, rivalry, jealousy, outbursts of fury, acts of selfishness, dissensions, factions, 21 occasions of envy, drinking bouts, orgies, and the like. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. 22 In contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, 23 gentleness, self-control. Against such there is no law. 24 Now those who belong to Christ [Jesus] have crucified their flesh with its passions and desires. 25 If we live in the Spirit, let us also follow the Spirit. 26 Let us not be conceited, provoking one another, envious of one another.

Here, once more, the qualities we see encouraged begin with love and we should observe that there is no law against such qualities and efforts. Now, then, we must also ask, who desires that we stop what we endeavor to accomplish through the intentions of love? I'm sure everyone has a pretty good idea, but do we recognize the ways the evil one strives to sow doubt within us, place obstacles before us, and lure us away from the path of the love to which we are called?

This is why it is so important for us to study and learn the fullness of our faith. As we consider the entire context of salvation history, we shall see the many ways God calls us to help fulfill His will, which Saint Faustina reminds us is love and mercy itself. The evil one will send his wolves in the clothing of sheep, or worse, the clothing of shepherds, to deceive us and lure us in false directions; but the more we understand the fullness of our faith, the more difficult we make the task for the one who would deceive us.

Perhaps the thing we must remember most in our current day, is that as we endeavor to accomplish the outcomes of love, we are on a solid path, but if we have any doubt, then we must remember the Advocate Jesus sent to remind us of all which He taught; the Holy Spirit. (cf. John 14:26) Let us remember to ask the Holy Spirit to lead us in the living of our lives and the practice of our faith. Of course, the way to ask begins with prayer.

Why Catholics Do What We Do:

Catholic Definitions – Part VIII: Solemnity of Mary

Today is Thursday December 31st, 2020; our last radio blast for 2020. This is the last day before the beginning of 2021. Are we ready for a new year to roll around? I hope and pray that 2021 will be abundant in goodness, health, love, and spiritual uplifting, as well as a spiritual renewal for each and everyone of us.

On Friday, which is New Years Day, we celebrate the Solemnity of Mary, the Holy Mother of God. This is a holy day of obligation, or as I like to say, a Holy Day of Opportunity. On this day we have the opportunity to share a special Mass to honor the Mother of God.

What is a Solemnity? According to tradition and various Catholic dictionaries, a solemnity is an important day. A solemnity is on the liturgical calendar and is celebrated in a special way. Today we celebrate with Mass. In days long gone, celebrations were held within communities that began with Mass and were followed with special foods, clothing, dancing, etc. Guess we would call this a party.

A solemnity is a day for recalling with devotion and praise, the life and dignity of a person, the special works of a person or organization, or a very special event that occurred in the life of the Church. I still remember, from my childhood, that we had days in which Catholic schools were closed so that we might commemorate holy days.

On January 1st, we honor and recall the beautiful Mother of God. In the Catechism of the Catholic Church paragraph 721 we read why Mary is so special and why we set aside this day in her honor.

(CCC: 721)

Mary, the all-holy ever-virgin Mother of God, is the masterwork of the mission of the Son and the Spirit in the fullness of time. For the first time in the plan of salvation and because his Spirit had prepared her, the Father found the dwelling place where his Son and his Spirit could dwell among men. In this sense the Church's Tradition has often read the most beautiful texts on wisdom in relation to Mary. Mary is acclaimed and represented in the liturgy as the "Seat of Wisdom."

In her, the "wonders of God" that the Spirit was to fulfill in Christ and the Church began to be manifested:

Mary is extremely important to us all. She is the instrument by which salvation was brought to us. She bore the Christ Child in her womb and gave to us the ability to enter the Heavenly realm. She has been with us throughout time as she has come to people to warn us of problem times and to help us learn to live righteous lives. She leads us to the narrow path by which we might enter Heaven. She is our loving mother and desires nothing else than for us to follow, love, and adore her Son. No, we do not worship this dear, loving woman, we honor her because of her role as the Mother of God.

Have a blessed week All. Remember, you are loved dearly by God the Father, God the Son, God the Holy Spirit and yes, by us as well.

If you would like to learn more about the Catholic meaning of the "Solemnity of Mary," we invite you to follow the links in the reference section of the topic summary for this show. You can obtain the topic summary by visiting <https://wcatradio.com/armoroffaithstudyguides/> and look for episode 179.

Discussion:

As we discussed last time, the vision of the Flame of Love is simple; Our Lady wants the Flame of Love, of which the ultimate Flame is the Sacred Heart of her Son, to spread like a wildfire among the children of God's creation for the salvation of souls. Of course, freewill requires that this Flame spreads by our choice, for God gave us freewill so that our choices would have meaning.

As we imagine this Flame, we must first ask ourselves, how will we allow it to ignite the flame of love within our own heart? For some, the flame will be ignited by the ultimate Paschal candle, Jesus. If it is to be spread like a wildfire, though, the flame must spread from heart to heart in the same fashion as it is spread from candle to candle.

It is no mistake that Our Lady selected Candlemas to be the day of the feast of the Flame of Love, for on Candlemas, 2 February, we celebrate the Feast of the Presentation of the Lord. This is the celebration of the moment where Mary presented Jesus at the temple. Now, she endeavors to present her Son to the world and spread His Flame of Love for the blessings, conversion, and

salvation of all the children of God's creation. The vision of Our Lady is that as we receive the Flame, we shall spread it to those who surround us such that it grows like a wildfire.

Of course, we all know the challenges of keeping a candle lit in the wind. To keep it from blowing out, we must protect it in some fashion. As we receive the Flame, we must ask ourselves, how will we keep it lit within our hearts? If our trust is in the world, it will be a difficult task, but as we learn the fullness of our faith, we begin to observe the many ways the Lord has given us through the Church Christ built upon Peter by which we may not only protect the Flame, but fan it so that it will truly spread from heart to heart like a wildfire.

As we continue our discussion of the Flame of Love, we will talk about the means by which we may keep the Flame lit within our hearts so it may provide the Light for our choices. We will also talk about how we may help spread the Flame of Love so that it becomes a wildfire of Love by which the world shall see the path to the Love and Mercy of the Sacred Heart of our Lord.

Today, we are going to turn our conversation to the messages of grace which Elizabeth received interiorly from Jesus and Mary. Of course, in our short time, we will not be able to address them all, so, I asked our guests from the Flame of Love movement to identify messages they believe we should highlight and discuss. John suggested we address the three principle graces Our Lady communicated which includes, blinding Satan, freeing souls from purgatory, and salvation of the dying. I realized as I started browsing the shortened version of Elisabeth's diary, we could have easily devoted an episode to each of these, but rest assured we will talk in more detail about these principle graces during upcoming episodes.

So, let's begin with the grace of blinding Satan.

(Question 1: During episode 174, we talked about the prayers which blind Satan, specifically the Unity Prayer and the Flame of Love Prayer, but there is more which blinds Satan beyond these prayers. John, can you share with us some of the messages from Jesus and Mary concerning the grace offered which blinds Satan?)

- Flame of Love
- Unity Prayer
- Prayers for the conversion of souls
- The movement spreads the Flame, blinding Satan
- “Participating in Mass helps the most in blinding Satan.” (Kindelmann, 47)
- [Jesus said,] “The look of my eyes will blind Satan.” (Kindelmann, 53)

Mary explained, “With this flame you will light all the hearts in the world. The miracle will be this. This flame will become a fire, and with its shining light, this fire will blind Satan.” (Kindelmann, 20)

I made this prayer [Unity Prayer] completely my own. Jesus said, “Through this prayer, Satan will be blind, and souls will not be led into sin.” (Kindelmann, 25)

The Blessed Virgin covered me with the scapular and said, “Many souls in Hungary are dressed in rags. With your help, I will cover them with my mantle.” She allowed me to experience the effects of the grace of her Flame of love, for myself and for all of Hungary.

She said, “Satan has been blinded for some hours, now. He has lost power. It is especially the sin of lust that covers so many victims. The evil spirits are dazed and inactive. They do not understand what has happened. Satan has stopped giving them orders. Souls are free from his power. Tomorrow, when they awaken, millions will seek a conversion.” (Kindelmann, 31)

At church the next morning, she said, “The inextinguishable fire of my Flame of Love is burning in your soul. You see how wonderful it is. I have never given you such a powerful force of grace. Since the Word became Flesh, I have never given such a great movement as the Flame of Love that comes to you now. Until now, there has been nothing that so blinds Satan. Do not refuse this gift. To do so, would bring great ruin.” (Kindelmann, 31)

Our Lady continued, “Enter into battle. My Flame of Love will blind Satan to the degree that you spread it to the whole world. This Flame will work miracles in their hearts.” (Kindelmann, 43)

For a long time, I did not dare to record Our Lady’s petition. “When you pray the Hail Mary, include the following petition: ‘Spread the effect of grace of thy Flame of Love over all of humanity.’” (Kindelmann, 43)

Mary said, “I want to awaken humanity by this petition. This is not a new formula but a constant supplication.” (Kindelmann, 44)

On another occasion, the Blessed Virgin promised, “If people assist at Mass without any obligation and are in God’s grace, I will pour out the Flame of Love and blind Satan during Mass. When Satan is blinded, he can do nothing. Participating in Mass helps the most in blinding Satan. He knows his downfall is near.” (Kindelmann, 47)

“Always look into my eyes. The look of my eyes will blind Satan.” (Kindelmann, 53)

I called out, “Heavenly Father, you created me and determined the hour of my death. Free me from the Evil One. I am just a little spark who receives brilliance from your radiant glory. O Mary, blind Satan who wants to lead me into sin.” (Kindelmann, 54)

The Lord explained, “Satan being blind signifies a worldwide triumph of my Sacred Heart, the freedom of souls, and a full opening of the road of salvation.” (Kindelmann, 83)

Of course, the purpose of the Flame of Love is the salvation of souls so no child of God is lost. As I mentioned during today's Current Day Commentary, we pray for the souls in purgatory. Our prayers are lifted so the souls of those who have passed before us may be released from this place of purification so they may enter heaven.

(Question 2: Each time we pray for the souls in purgatory, we lift up an act of love. Patti, can you share with us a little about this grace which limits the suffering of souls in purgatory?)

- We pray for the dead as an act of love → Jesus and Mary want to encourage this
- Fasting for the deceased helps free suffering souls
- Hail Mary's while referring to the Flame of Love will free souls from purgatory
- Those for whom we pray will await us and welcome us like good friends
- Families of prayer, help to save souls and free those suffering in purgatory

On September 28, Jesus said, "How will I reward you? From now on, if a person fasts for a deceased priest, by that fast the priest's soul will be freed from purgatory eight days after his death. Anyone who observes this fast, will free a suffering soul." (Kindelmann, 39)

[Jesus said,] "Those whom you freed from purgatory will welcome you. Like good friends, they will await you. This joy will never end." (Kindelmann, 41)

Then, Our Lady spoke: "I grant your request. If at any moment, someone prays three Hail Mary's in my honor, while referring to the Flame of Love, they will free a soul from purgatory. During November, one Hail Mary will free ten souls. The souls in Purgatory should experience the effect of the Flame of Love." (Kindelmann, 44)

As I interceded for the souls in purgatory, Our Lady spoke, "I value your longing for the souls in purgatory. Until now, you had to say three Hail Marys to free one soul. In the future, three Hail Marys will free ten souls from that place of suffering." (Kindelmann, 62)

[Our Lady said,] "If a family keeps a holy hour on Thursday or Friday, if someone in that family dies, the person will be freed from purgatory after one day of the fast kept by a family member." (Kindelmann, 63)

[Jesus said,] "You, mothers, must extend the warmth of your homes, even to those children who are now grown. You must imitate my Mother who always provided me with her love. Her powerful intercession gained this great grace for all of you. She does not want to perform a public miracle. (This happens at her great shrines.) Rather, she wants every family to be a sanctuary where she works miracles in the hearts. She places in your hands the Flame of Love, which will blind Satan who wants to rule over families."

Then the Virgin spoke: "My anguish comes from the danger that threatens the whole world because families are no longer places of prayer. I want to save the world, and I

want you to be the first to experience this immense power to blind Satan. You will receive the great grace by which we will save souls from eternal condemnation.” (Kindelmann, 69 – 70)

We often lead our lives without much thought as to our passing from the world. As we age, combined with our experiences of those passing before us, we might be drawn to think about the process of passing and what will come in the moment we meet our eternal Judge. We suspect Satan will be there to be our accuser and argue with every means for our eternal damnation. We might imagine what that moment will be like if we are standing there alone with the evil one's gaze fixed upon the eternal ruin of our soul. An intercessor on our behalf would be a welcomed blessing, but, we might ask, from whence might an intercessor come?

(Question 3: Yvonne, let me begin on this one with you. Can you comment as to how the grace of the Flame of Love provides for the salvation of the dying?)

- The Flame of Love blesses dying persons
- A blessing is an invocation of God's power and care
- Mary will blind Satan to save the dying from eternal damnation
- Our prayers and actions, through the Flame of Love devotion, bless the dying
- Even the hardened sinner may be converted through the Flame of Love
- Night vigils will save the souls of the dying

A few days later, Our Lady gave a great promise: “From now on, when any of you are at prayer during the night vigil, I will give you the grace so that the Flame of Love blesses dying persons in the whole world. I will blind Satan so this Flame will save the dying from eternal damnation.” (Kindelmann, 37)

On October 9, I asked that my children would always live in God's grace. Jesus responded, “When you are in heaven and see one of your children dying, you will go to their bed. Your drop of oil will fall, and the Flame of Love will be lit. This will save their souls from damnation.” (Kindelmann, 41)

Our Lady continued the teaching. “Earth is experiencing the calm before the storm, like a volcano about to explode. Earth is now in this terrible situation. The crater of hatred is boiling. I, the beautiful Ray of Dawn, will blind Satan. No dying soul should be condemned. My Flame of Love will now be lit. It will be a terrible storm, a hurricane that will want to destroy faith. In that dark night, heaven and earth will be illuminated by the Flame of Love that I offer to souls.” (Kindelmann, 59-60)

[T]he Blessed Virgin asked me to suffer the agony of the dying. She said, “If my Flame of Love is lit upon the earth, grace will be poured out upon the dying. Satan will be blinded, and through your nightly vigil, the agony of the dying will end. Even the hardened sinner will have a conversion.” (Kindelmann, 62 – 63)

Our Lady said, “Give your confessor the instructions concerning the night vigils. **These night vigils will save the souls of the dying and must be organized in every parish so someone is praying every moment.** This is the instrument I place in your hands. **Use it to blind Satan and to save the souls of the dying from eternal condemnation.**”

(Kindelmann, 91)

Quotes:

From the Diary of Elizabeth Kindelmann

[Jesus] said, “When the effect of grace of my Mother’s Flame of Love pours out into all hearts, she will be venerated as never before. All will join in one gigantic prayer of petition. Give my messages to those in authority, and tell them not to impede My Mother who wants to pour out the Flame of Love.” (Kindelmann, 61)

[T]he Blessed Virgin continually urged new initiatives. “I can no longer contain the Flame of Love in my heart. Let it leap out to everyone. Prepare to set out. Only the first step is difficult. After that, My Flame of Love will encounter no resistance and will illuminate souls with a gentle light. They will be intoxicated with abundant graces and announce the Flame to everyone. A torrent of graces which have not been given since the Word became Flesh will pour out.” The Virgin kept insisting, “Take up my Cause. You cannot rest. Do not be tired. Do not give up. All interested in my Cause must come together.” She kept insisting, “Do this. I am the one who urges you.” (Kindelmann, 65)

The Lord spoke, “The world is in darkness because consecrated souls are lukewarm. They do not understand how dangerous lukewarmness is.” (Kindelmann, 68)

For many days in early November, the Lord lamented, “I have serious complaints against pious souls who make no sacrifices. They hurt my heart. Their devout life does not assure them of the merits needed to gain eternal salvation. Many act as if they were afraid to come close to me. Write to the indifferent soul: ‘There is no progress without sacrifice.’ I do not want sterile devotion, like a tree that bears no fruit. Grace only illumines hearts that are burning. (Kindelmann, 83)

[S]he repeated her words, “All who delay this outpouring of grace have a grave responsibility.” These words weighed heavily upon me. (Kindelmann, 104)

Final Thoughts:

Today, we discussed some of the messages which outline the three principle graces which flow from the Flame of Love; blinding Satan, releasing souls from purgatory, and the salvation of dying souls. Of course, as we read the diary of Elizabeth Kindelmann, these are not the only graces, but we should observe that the conversion and salvation of souls is the primary objective of Jesus and Mary through the Flame of Love devotion.

When we examine the condition of the world, we are tempted with doubts similar to those experienced by Elizabeth. When such doubts arise within us, let us reflect on what Jesus told Elizabeth:

“A great battle awaits you, but you will conquer in the Sign of the Cross. When you make the Cross, think of the three Divine Persons. Make the Sign of the Cross five times, while thinking of my Five Wounds. Always look at my eyes bathed in blood. Tell everyone all that I tell you. Do not worry about how to make the Cause prevail. Be a good Carmelite. Be humble and refrain your tongue, not saying unneeded words. Do not worry that you can only give me little things.” (Kindelmann, 18)

Indeed, the battle rages. Let us conquer in the Sign of the Cross. Let us reflect on the five wounds received in sacrifice for our salvation. Let us look at the eyes bathed in blood and allow them to blind Satan. Let us ask Jesus and Mary to guide us in how we may share the Flame of Love.

Wrap Up: Well, our time has once more come to an end. We hope you will be able to join us next time as we turn our discussion to the cenacles of reparation.

Let us conclude with a prayer: Heavenly Father, we thank you for this opportunity to share the blessings of our trust and faith in You. We pray that as we go our separate ways, You will continue to walk with us and help us to see how we may put on the armor of **truth, righteousness, peace, faith, salvation**, and the **Word** of the gospel not only for the benefit of our lives, but also the lives of all who cross our path. In the name of the Father, the Son and the Holy Spirit, we pray. Amen.

And let us share the Flame of Love Prayer:

*Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners,
spread the effect of grace of thy Flame of Love over all of humanity,
now and at the hour of our death. Amen.*

Thank you all and God bless.

Next Session: Flame of Love – Part VIII: Cenacles of Reparation

Why Catholics Do What We Do References:

Dictionary of Catholic Terms; (accessed 29 Dec 2020); “Solemnity;” The Sacred Heart;
<http://www.thesacredheart.com/dictionary.htm>

USCCB; (May 2016); [Catechism of the Catholic Church](https://www.usccb.org/sites/default/files/flipbooks/catechism/193/#zoom=z); United States Conference of Catholic Bishops; <https://www.usccb.org/sites/default/files/flipbooks/catechism/193/#zoom=z>

Discussion References:

Kindelmann, Elizabeth; (2020); “The Spiritual Diary of Elizabeth Kindelmann (simplified version);” Flame of Love of the Immaculate Heart of Mary Movement, Philadelphia; Queen of Peace Media;
https://flameoflove.us/wp-content/uploads/FOL_Diary_6.26.2020.pdf

flameoflove.us; (2020); “A Brief History and Overview of the Flame of Love Movement of the Immaculate Heart of Mary;” <https://flameoflove.us/brief-history-and-overview/>

flameoflove.us; (2020); “Elizabeth Kindelmann;” <https://flameoflove.us/elizabeth-kindelmann/>

The New American Bible, Revised Edition (NABRE); (9 Mar 2011); United States Conference of Catholic Bishops; <http://usccb.org/bible/books-of-the-bible/index.cfm>

USCCB; (May 2016); Catechism of the Catholic Church; United States Conference of Catholic Bishops; <http://ccc.usccb.org/flipbooks/catechism/index.html>