



***The Armor of Faith***  
**Topic Summary: Flame of Love**  
***Part IX: Family Sanctuaries***



*Family Prayer*  
*public domain*

## **Introduction**

[Greeting:] → Welcome to “The Armor of Faith,” a show where we hope to bring our listeners closer to the Word of God and the blessings we receive through living in the fullness of the Catholic faith. My name is Doug and I will be your host as we discuss the blessings of the Church Christ built upon Peter.

I am joined today by my panel: [names]

Helen is a lay-Dominican with a love for music ministry. The Dominicans, I always mention, are also known as the Order of Preachers. In addition to being my lovely wife as well as a wonderful blessing, Sharon is a youth and adult formation catechist. We are also blessed to have on our panel, Donna Mae, who is the artist who sculpted the statue of Our Lady of America which was carried by our youth and blessed by Saint John Paul II at the 1993 Word Youth Day.

We are also joined by special panel guests from the Flame of Love Movement; John Sullivan, Patti Schwartz, and Lori Brown.

John is the National Spokesperson for the Flame of Love Movement in the US. John left the Church in 1973 but returned to the Catholic Church in 1998 after a study of the Ante-Nicene Fathers. Since then, he has been involved in local catechesis and parochial and diocesan evangelization.

Patti is the National Hispanic director for La Llama de Amor, United States. She taught in the New York public school system for 24 years and received the top model teacher award for New York State by an NBC affiliate. Patti is currently hosting a weekly radio show on The Flame of Love at Radio María Miami and evangelizes the Flame of Love movement to the cities in South Florida.

Lori is the Regional Leader for the Flame of Love Movement in the Midwest and Northern United States. In addition to homeschooling her six children, Lori's been involved in serving Our Lord and Our Lady in teaching and catechetical ministry for over 35 years and has been a speaker at various conferences, diocesan activities, and now is spreading the Flame of Love of Mary's Immaculate Heart wherever Our Lady calls her.

Of course, as everyone knows by now, I am simply here to ask questions because we leave the hard work of producing answers to our panelists. To answer my questions, correct my pronunciation, and make sure I know which century I am talking about is why we have our panelists, so welcome to our panelists as well as to our listeners.

Let us open with a prayer:

In the name of the Father, the Son and the Holy Spirit.

Heavenly Father, we lift up our hearts in thanks and praise for this opportunity to open and share your Holy Word this day. We pray that You are with us and all our listeners as we share with one another the blessings of faith. We pray You will grant us wisdom and understanding as we seek to learn Your Holy Truth.

Dear Lord, we also lift up the prayers in our prayer basket. You know what is written on each one and you know the hearts of those who offer their thanks and praise as well as their petitions for the blessings of Your great mercy.

We pray especially today for our nation. We pray You will touch every heart and help us all see the path You call us to walk to help accomplish Your will, which Saint Faustina reminds us is love and mercy itself.

In the name of the Father, the Son and the Holy Spirit we pray. Amen.

If you would like to add your prayers to our prayer basket, all you need to do is send us an email at [armoroffaithradio@gmail.com](mailto:armoroffaithradio@gmail.com). We ask that you include the word “prayer” in the subject line so that we will give it priority and ensure we place it in our prayer basket. Just so you know, Sharon and I lift up our prayers with those in the Armor of Faith Radio prayer basket during the course of our daily prayers.

We would like to inform you that WCAT Radio, the organization through which this and a variety of kindred Catholic radio shows are presented, is conducting a funding drive to help address the costs of operation and production. WCAT Radio presents two dozen hours of new, quality, Catholic programming each week and offers well over 5,000 hours of archived programming in history, theology, spirituality, and poetry for the purpose of promoting the Catholic spiritual journey — a virtual audio library of our Catholic faith. Please consider giving a tax deductible donation to WCAT Radio to enable them to continue to broadcast the Catholic message. You can donate online at <https://wcatradio.com/support>. Any amount you can contribute, helps.

We would also like to ask you to assist Armor of Faith Radio in our evangelization. By sharing the URL for our show, you can help us spread knowledge of our faith. All you need to do is share the URL, [wcatradio.com/armoroffaith](http://wcatradio.com/armoroffaith) via email or social media and tell family and friends as well. Several of the streaming services through which we are available on demand also have share options, so we invite you to join the evangelization and help us spread the good

news of the Gospel and our trust in Jesus Christ. You can also help us by selecting the follow or subscribe option associated with the service through which you listen to our show.

## Current Day Commentary:

### *Disinformation and Ideologies*

It is disturbing enough to see political disinformation flooding our media and social media, but it becomes even more disturbing to see it raise its head in our Catholic media. The effort to manipulate us into adjusting our faith to conform with modern day ideologies such as socialism is a trap. If we know our faith, we will see through the dishonest propaganda and the journals, priests, theologians, and so called Catholic organizations who promote it. If we do not know our faith, we leave ourselves vulnerable to what I call the wolves in the clothing of shepherds.

Lets take a moment to revisit Matthew 7:15-20:

(Matthew 7:15-20)

[Jesus said,] 15 *“Beware of false prophets, who come to you in sheep’s clothing, but underneath are ravenous wolves. 16 **By their fruits you will know them.** Do people pick grapes from thornbushes, or figs from thistles? 17 Just so, every good tree bears good fruit, and a rotten tree bears bad fruit. 18 A good tree cannot bear bad fruit, nor can a rotten tree bear good fruit. 19 Every tree that does not bear good fruit will be cut down and thrown into the fire. 20 **So by their fruits you will know them.**”*

Here is the key, *“By their fruits you will know them,”* but to know the fruits which God sees as good, we must know our faith. We must know to what God calls us, for the evil one attacks our senses from both the extremes of the left and the right. Satan cares not how we miss the mark of what God asks of us, to the left or the right, only that we do.

As we study our faith, we must remember to look to the Magisterium of our faith to guide is in the full context of our faith. Why is this important? Falsehoods are often camouflaged by partial context and partial truths such that what is said appeals to our emotions to be accepted as truth, when in fact, we are deceived by the omitted or twisted context. This is the realm of disinformation and propaganda.

Various groups attempt to influence us for various purposes and agendas, but we will only be able to evaluate those purposes and agendas for what they are if we strive to see them as God sees them. Especially when our Catholic journals and institutions enter the political realm, we are seduced to the disinformation of ideologies. As I have mentioned on various occasions, our salvation does not depend on whether this ideology or that is right or wrong, it depends upon whether we understand and live what God asks of us.

As socialism continues to swell within our country, we must be wary, not just of the socialists, but the extremes to the right as well. Regardless of the extreme which comes to power, history reveals Catholics become a target, so it leaves me flabbergasted when I see so called Catholic journals and progressive organizations promote socialism. It leaves me even more flabbergasted when I observe priests and bishops promoting socialist and Marxist globalist ideals.

My assumption is that these people know our faith, so, why do they promote systems antithetical to our faith and even have stated goals to destroy our faith? Of course, this is nothing new. The Church has battled this for centuries. From as far back as the mid-19<sup>th</sup> Century, pope after pope has written encyclical after encyclical attesting to the evils of communism in its various forms, stages, and labels such as socialism, liberalism, and our more modern label of progressivism.

If we take the time to research and read these encyclicals, especially those of Pope Leo XIII, Saint Pius X, Pope Benedict the XV, Pope Pius XI and Pope Pius XII, we will be better prepared to recognize the fruits of the wolves in the clothing of sheep or shepherds. Of course, we must not only be wary of the extremes to the left, we must be equally wary of the extremes to the right. We must be very wary when we observe extremist ideologies manifest themselves through those in positions of leadership or influence. We must remember, our obligation is not to the ideologies created by people, but to the truth and will of God.

## **Why Catholics Do What We Do:**

### ***Catholic Definitions – Part X: Charisms***

Today I thought we might look at a word that is used often yet even more often misunderstood. The word is “charism.” Charism is a word that is not used in common ordinary dialogue but it certainly has a special place within the Church.

According to the SacredHeart.com dictionary:

**Charism:**

A specific gift or grace of the Holy Spirit which directly or indirectly benefits the Church, given in order to help a person live out the Christian life, or to serve the common good in building up the Church.

The acts of charisms began on the very first Pentecost. The Holy Spirit entered the upper room and blessed the apostles and disciples with gifts by which to enable them to teach, to be strong, to be brave, to discern, and even to speak in languages not understood by others.

We are all knowledgeable of the gifts that we receive in Confirmation: Understanding, Counsel, Fortitude, Knowledge, Piety, and Fear of the Lord. And the fruits of the Holy Spirit: Charity, Joy, Peace, Patience, Kindness, Goodness, Forbearance, Gentleness, Faith, Modesty, Self-control, and Chastity.

It is all nice and wonderful to receive these, but how do we use them? What is the purpose of them?

The act of using these gifts is what makes them charisms. Charisms are spiritual gifts which give us special abilities. The gifts empower us to do things we would ordinarily not believe we could do. Charisms are most often used in providing service or charitable acts on behalf of the Church.

Charisms are deep connections we have with our faith and are expressions of our relationship with God. Charisms are different from learned abilities in that they are given to us without our having to work for them. The Holy Spirit deposits them into our soul and expects us to use them. When used properly, a charism helps to bring people closer to God.

Example, Art. We can all take classes in art and may even be able to produce lovely pictures or sculptures. The ceiling of the Sistine Chapel is beautifully painted with Biblical scenes. The charism of the artwork is how it tells stories and makes people think about God and their relationship with Him.

Another example is the stained glass windows in a church. Stained glass is pretty, but when the window maker uses his/her charism to tell a story, people are drawn to God.

Then there is music. We can sing. Have you ever listened to someone sing and you get goose bumps and go home thinking deep thoughts about God? That is a charism.

Good teachers have charisms for teaching about God. Not all teachers possess this charism, but the ones who do are treasures of the Almighty.

Mother Teresa had a charism to care for the poor and infirmed. She and her Order cared for people who were dying, who could not afford health care, who were lonely. By their actions, they gave the people a little bit of Heaven on Earth.

When we use our charisms, we may notice how it is not hard, it is natural. A charism is a part of us and helps us to help others know and love God more clearly and with greater depth.

Charisms are used by every order within the Catholic Church, within Dioceses and by individuals as well. Every order was begun because someone along the way felt that something was missing and felt the need to pull people together to fulfill the need.

For example, the Carmelites focus on prayer, community and service. Many of the Carmelite communities are cloistered, so they do their work behind walls of privacy. Others work in the local area to help others learn the faith. They pray for the community.

The Benedictines focus on prayer, work and stability. Benedictine monasteries are often large. They are working communities. They farm, to feed themselves and others.

The Dominicans focus on community, ministry, study and prayer. They are known to be preachers.

The Franciscans focus on growth with God and being Gospel focused. They do a lot of teaching and publish books for learning.

The Sisters of Charity focus on serving the poor. You can find these Sisters in classrooms, hospitals, orphanages, and often in the poorest of the poor communities.

The Pueblo Diocese is focusing on the charism of St. Therese. They are focused on helping communities to do great things in little ways. To help the people to grow in faith.

And one more, Halo Haven Ministries. The charism of this ministry is to share the truths of our faith and to build the spiritual strength of families, ministries, and communities so we are all better enabled to help accomplish what God asks of us.

*Have a blessed week All. Remember, you are loved dearly by God the Father, God the Son, God the Holy Spirit and yes, by us as well.*

If you would like to learn more about the Catholic meaning of “charism,” we invite you to follow the links in the reference section of the topic summary for this show. You can obtain the topic summary by visiting <https://wcatradio.com/armoroffaithstudyguides/> and look for episode 181.

## **Discussion:**

Last time, we discussed Cenacles of Reparation, and if you would like to learn more, we highly recommend visiting <https://flameoflove.us/prayer-cenacles/>. You will find excellent information explaining what a cenacle is as well as support material for those who form a cenacle, which can begin with as few as two people.

As I mentioned during our discussion, few people are looking for one more thing to add to their day or week, but as we examine our lives, we must ask ourselves, what time do we make for God? Participating in a Flame of Love cenacle is not so much a demand on our time as it is an opportunity to receive and share the blessings of our Lord.

Our Lady constantly calls us to prayer, fasting, and penance; and she constantly points to the Sacred Heart of her Son. We may respond to the call in our private moments, but we must also consider what we may share when we are able to come together and share in cenacle groups. It is not just about prayer, it is about relationship; and we cannot have a true relationship with Jesus and Mary if we do not spend time with them. We must also remember that as we come together to share the blessings of our faith, we are also living the second of the greatest commandments, which by extension, gives glory to God as we lift up our love for one another.

Jesus told Elizabeth, “*Many ask to share in my work, but when I ask for a sacrifice, they grow frightened.*” (Kindelmann, 14) We must not view the call to prayer, fasting, and penance as burdens, for though they are personal means of sacrifice, they are also opportunities to allow the Flame of Love to flow within us and from us. Let us, then, encourage one another through the practice of our faith.

Today, we are going to turn our attention to family sanctuaries. As part of my final thoughts for the third episode on our series, “Faith, Family, and Social Issues,” episode 118, I mentioned that Our Lady told Sister Lucia of Fatima, that the final battlefield between the Lord and Satan will

be the family. In a letter to Cardinal Carlo Caffarra of Bologna, Sister Lucia wrote that Our Lady told her, “[T]he final battle between the Lord and the reign of Satan will be about marriage and the family. Don’t be afraid, because anyone who operates for the sanctity of marriage and the family will always be contended and opposed in every way, because this is the decisive issue.” At the conclusion of her letter, Sister Lucia wrote, “however, Our Lady has already crushed its head.” (Skojec)

I mentioned that while it may console us that we already know the outcome of the battle; “Our Lady has already crushed its head,” we must still have a concern. The concern is that we do not become a casualty before the victory. If we know our faith, we enable our ability to engage the spiritual battle and defend our souls. If we do not know our faith, we leave ourselves vulnerable to the one who would take it from us. When we lose our faith or we allow it to become disordered, our relationships suffer; not only our relationships with one another, but more importantly, our relationship with God.

**(Question 1:** When we see all the attacks on the sanctity of marriage and family in our current day, it makes every sense that Our Lady wants to strengthen and enable the family. John, can you comment as to the importance of family to sharing the Flame of Love and why Jesus and Mary want the Flame of Love to be present within families?)

- The foundation of society is the family
- Our first relationships begin in the family
- Our first learning is within the family
- As we mature, we may begin families of our own
- Even if we remain single, we are the member of and have a role in our family
- If Satan disrupts the family, he disrupts the foundation of society
- As we strengthen the bonds of love within the family, we strengthen the foundations of love within society
- If the Flame of Love burns brightly within a family, it may help to light the hearts of another

Our Lady also spoke, “Hungarian families are torn apart. *With my Flame of Love, I want the home to come alive again with love. I want to unite scattered families. Help me! My flame of Love being lit depends on you.*” (Kindelmann, 32)

He [Jesus] appreciated that our family was consecrated to the Sacred Heart and practiced that devotion. Suddenly, he said, “*I bless this house that is consecrated to my Sacred Heart.*” This blessing was a sublime experience. He said, “*My Mother obliges me to bless your family because with every longing of your heart, you desire to spread her Flame of Love.*” (Kindelmann, 34)

Jesus warned me, “*Satan and his forces want to destroy families. You are a mother, and you know the many ways in which a family is torn apart. To save families, throw yourself into the furnace of suffering. How many sins come from destroyed families. Make reparation for these families.*” (Kindelmann, 42)

*“Many families in Hungary are like yours, very cold. I want to warm all families with my Flame of Love.” (Kindelmann, 45)*

The next day, the Lord spoke about his home in Nazareth. *“In this home, I prepared for sacrifices. You were an orphan. So, it was your marriage home that prepared you. You needed this family setting to mature. In misfortunes, people return home to be comforted.”*

*“You, mothers, must extend the warmth of your homes, even to those children who are now grown. You must imitate my Mother who always provided me with her love. Her powerful intercession gained this great grace for all of you. She does not want to perform a public miracle. (This happens at her great shrines.) Rather, she wants every family to be a sanctuary where she works miracles in the hearts. She places in your hands the Flame of Love, which will blind Satan who wants to rule over families.”*

Then the Virgin spoke: *“My anguish comes from the danger that threatens the whole world because families are no longer places of prayer. I want to save the world, and I want you to be the first to experience this immense power to blind Satan. You will receive the great grace by which we will save souls from eternal condemnation.”* (Kindelmann, 69-70)

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**(Question 2:** When we walk into our parish, we are immediately reminded of Christ through all the artwork. As we participate in the Mass, we are also educated in His Word. If our home is to be a sanctuary of faith, we might ask ourselves, what do we find within our home to remind us of our faith? Just as we have pictures of loved ones, do we have reminders of our faith for us as well as our family? Patti, can you give us some recommendations as to means by which we can prepare our home to be a family sanctuary for the Flame of Love?)

- Prepare a special room or portion of a room with reminders of our faith in Christ
- Make it a special place for prayer and loving family conversation
- Include a space for children to place their reminders or gifts of love
- Keep nearby a Bible, devotionals, sacramentals, hymnals, prayer books and cards
- Make it a quiet place where one member or all the family can come for peace, study, and prayer
- Set aside special times where family may gather in this special place
- In addition to the family holy hour, celebrate special days of the liturgical year

On April 14, when I arrived home from church, the Lord was waiting: *“At your request, I am blessing your family and the whole neighborhood. Your children’s salvation is assured. I will stay in your dwelling because I enjoy the silence of your little room.”* (Kindelmann, 76)

[Jesus said,] *“On Tuesday, pray for the family and make spiritual communions for each member. My Mother will take each under her protection. Offer night prayer for them. Invoke St. Joseph every day. He will help you.”* (Kindelmann, 19)

Mary added another request: “*On Thursday and Friday there must be a family holy hour. When two or three are together, my Son is present. Begin by making the Sign of the Cross five times. Do the same at the conclusion. Do this also when rising, going to bed, and during the day. This draws your heart to the Eternal Father.*” (Kindelmann, 20)

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**(Question 3:** Lori, I left perhaps the hardest question for you. As we engage our faith, we all differ in where we are in our journey. Not all family members are in the same place. Can you comment as to how we might influence our family to engage and bring the Flame of Love into their lives and how we might encourage our family to share in a family holy hour?)

- Positive influence begins with love
- Family hour is meant to be an hour of love
- Family hour can be an hour to de-stress through loving prayer
- Recognize the competition we have for time with our family
- The power of questions → Will you join me?
- Engage one another through questions
- Encourage learning through scripture
- Engage everyone by giving them a part or a portion to lead
- Engage with patience
- Do not expect perfection in the first gathering → remember patience and loving persistence
- Celebrate the blessings of the day/week and lift up thanks for God's grace
- Pray for Jesus and Mary to help us engage our family and enable bonds of love

[[Jesus said,] “*Your principal missionary work will always be your family.*” (Kindelmann, 35)

(1 Corinthians 7:14-16)

*14 For the unbelieving husband is made holy through his wife, and the unbelieving wife is made holy through the [husband]. Otherwise your children would be unclean, whereas in fact they are holy. 15 If the unbeliever separates, however, let him separate. The brother or sister is not bound in such cases; God has called you to peace. 16 For how do you know, wife, whether you will save your husband; or how do you know, husband, whether you will save your wife?*

(Deuteronomy 11:19)

*Teach them to your children, speaking of them when you are at home and when you are away, when you lie down and when you get up,...*

Our Lady said that the Flame of Love protected my family. The Evil One could not lead them into sin. Jesus said, “*Because of my Mother's prayer, I was here all night blessing your family. How much we love you.*” (Kindelmann, 56)

On September 24 [1963], Our Lady spoke: “*My Flame of Love extends to the souls in purgatory. Write down my words and give them to those in authority. “If a family keeps a holy hour on Thursday or Friday, if someone in that family dies, the person will be freed from purgatory after one day of the fast kept by a family member.”*” (Kindelmann, 63)

A few days later, I prayed for my family. The Lord said, “*Elizabeth, can you imagine me not granting you something for the good of souls? I would be opposing my saving work. Just make sacrifices for those whom you want to lead along my road.*” (Kindelmann, 74)

[Jesus said,] “*Let no creature come between us. Write down my words so others realize that they can only possess God if they come far away from all earthly noise. You are a living proof that this is possible. I put you in a family setting so all can see that they can serve their family and God at the same time.*” (Kindelmann, 82)

## Quotes:

### *From the Diary of Elizabeth Kindelmann*

On August 3, I went for adoration from noon to 3:00 p.m. However, I was distressed by a family disagreement that keeps getting repeated. Jesus spoke, “*I see your great efforts. They are not in vain. I will free your family from the Evil One who disturbs their peace. Trust me.*”

“They will need a miracle,” I said.

“*Can I not work a miracle?*” he replied. “*I will so bless this impossible problem that it will be straightened out. I cannot deny my Mother anything when she uses her Flame of Love.*” (Kindelmann, 31-32)

## Final Thoughts:

Each time I reflect on the quote I just read, I think to myself of the humor of Jesus. “*Can I not work a miracle?*” Through this quip of humor, Jesus reminds us that we sometimes get so caught up in battling what is beyond us and feeling we are powerless, that we forget what He may do. He knows what is beyond us and He knows what is within the abilities He created within us. We must remember, He wants us to do our part, then, ask for His grace, and of course, grace is the undeserved help of God.

As we discussed, our family members are not always in the same place of the journey of faith as we. Some are further down the path and some may still be searching for the path we are so jubilant to have found. Regardless of where they are, we must pray the Holy Spirit will guide us to how we may enable faith within our family.

Blessed are the families who pray together, for they share the blessings of God's love. Families who struggle in faith and the mutual bonds of love, need our prayers. If but one heart may be lit with the Flame of Love within a family, they may pray for and minister to the remainder. Even

if only part of the family is able to come together in prayer, they are able to pray for the remainder.

Let us, then, if we are alone, pray for our family. If we are blessed to bring but one other family member together with us, let us join with them in prayer. Let us pray with patience, but persistence. Let us ask the Lord how we may engage our family as an example of His love. Let us also ask Him for His undeserved help to accomplish whatever is beyond us. More importantly, let us ask Him to guide us in the ways we may help accomplish His will, which Saint Faustina reminds us is love and mercy itself.

**Wrap Up:** Well, our time has once more come to an end. We hope you will be able to join us next time as we turn our discussion to another intercessor associated with the Flame of Love, Saint Joseph.

Let us conclude with a prayer: Heavenly Father, we thank you for this opportunity to share the blessings of our trust and faith in You. We pray that as we go our separate ways, You will continue to walk with us and help us to see how we may put on the armor of **truth, righteousness, peace, faith, salvation,** and the **Word** of the gospel not only for the benefit of our lives, but also the lives of all who cross our path.

And let us share the Flame of Love Prayer:

*Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners,  
spread the effect of grace of thy Flame of Love over all of humanity,  
now and at the hour of our death. Amen.*

In the name of the Father, the Son and the Holy Spirit, we pray. Amen.

Thank you all and God bless.

**Next Session:** Flame of Love – Part X: St Joseph and Refuge in the Flame of Love

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