



The Armor of Faith
Topic Summary: Flame of Love
Part XI: The Promises



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Introduction

[Greeting:] → Welcome to “The Armor of Faith,” a show where we hope to bring our listeners closer to the Word of God and the blessings we receive through living in the fullness of the Catholic faith. My name is Doug and I will be your host as we discuss the blessings of the Church Christ built upon Peter.

I am joined today by my panel: [names]

Helen is a lay-Dominican with a love for music ministry. The Dominicans, I always mention, are also known as the Order of Preachers. In addition to being my lovely wife as well as a wonderful blessing, Sharon is a youth and adult formation catechist. We are also blessed to have on our panel, Donna Mae, who is the artist who sculpted the statue of Our Lady of America which was carried by our youth and blessed by Saint John Paul II at the 1993 Word Youth Day.

We are also joined by special panel guests from the Flame of Love Movement; Eileen Piergiovanni, John Sullivan, and Patti Schwartz.

Eileen is the National Director for the Flame of Love of the Immaculate Heart of Mary Movement in the United States. She is a lay Discalced Carmelite assisting with the formation of the aspirants and she leads two rosary cenacles in two different parishes. Eileen speaks on the Extraordinary Grace of the Flame of Love and shares her personal conversion testimony and stories.

John is the National Spokesperson for the Flame of Love Movement in the US. John left the Church in 1973 but returned to the Catholic Church in 1998 after a study of the Ante-Nicene Fathers. Since then, he has been involved in local catechesis and parochial and diocesan evangelization.

Patti is the National Hispanic director for La Llama de Amor, United States. She taught in the New York public school system for 24 years and received the top model teacher award for New York State by an NBC affiliate. Patti is currently hosting a weekly radio show on The Flame of Love at Radio María Miami and evangelizes the Flame of Love movement to the cities in South Florida.

Of course, as everyone knows by now, I am simply here to ask questions because I gotta a lot of learning to do and questions are steps to learning. Anyway, to answer my questions, correct my pronunciation, and make sure I know which century I am talking about is why we have our panelists, so welcome to our panelists as well as to our listeners.

Let us open with a prayer:

In the name of the Father, the Son and the Holy Spirit.

Heavenly Father, we lift up our hearts in thanks and praise for this opportunity to open and share your Holy Word this day. We pray that You are with us and all our listeners as we share with one another the blessings of faith. We pray You will grant us wisdom and understanding as we seek to learn Your Holy Truth.

Dear Lord, we also lift up the prayers in our prayer basket. You know what is written on each one and you know the hearts of those who offer their thanks and praise as well as their petitions for the blessings of Your great mercy.

We pray especially today for baby Owen, as he recovers from his 5th surgery. We pray also for Kayleih as she prepares for the delivery of her child. Dear Lord, may Your hand of good health rest upon them. We pray You will guide the hearts and hands of their care givers, and that Your hand of comfort and blessings shall rest on all who love and care for them.

We pray too, dear Lord, that You will protect, encourage, and guide all who work to end abortion as well as preserve the sanctity of life, marriage, and family.

In the name of the Father, the Son and the Holy Spirit we pray. Amen.

If you would like to add your prayers to our prayer basket, all you need to do is send us an email at armoroffaithradio@gmail.com. We ask that you include the word “prayer” in the subject line so that we will give it priority and ensure we place it in our prayer basket. Just so you know, Sharon and I lift up our prayers with those in the Armor of Faith Radio prayer basket during the course of our daily prayers.

We would like to let you know that WCAT Radio, the organization through which this and a variety of kindred Catholic radio shows are presented, is conducting a funding drive to help address the costs of operation and production. WCAT Radio presents two dozen hours of new, quality, Catholic programming each week and offers well over 5,000 hours of archived programming in history, theology, spirituality, and poetry for the purpose of promoting the Catholic spiritual journey — it is a virtual audio library of our Catholic faith. Please consider giving a tax deductible donation to WCAT Radio to enable them to continue to broadcast the Catholic message. You can donate online at <https://wcatradio.com/support>. Any amount you can contribute, helps.

We would also like to ask you to assist Armor of Faith Radio in our evangelization. By sharing the URL for our show, you can help us spread knowledge of our faith. All you need to do is share the URL, wcatradio.com/armoroffaith via email or social media and tell family and

friends as well. Several of the streaming services through which we are available on demand also have share options, so we invite you to join the evangelization and help us spread the good news of the Gospel and our trust in Jesus Christ. You can also help us by selecting the follow or subscribe option associated with the service through which you listen to our show.

Current Day Commentary:

By Their Fruits You Shall Know Them

In 1917, Our Lady warned that if her requests were not heeded, Russia would spread its errors to the world. Indeed, if we examine history, we see that Russia has spread her errors and those errors have infected our modern day and the institutions of our country. Now, media personalities and some politicians; are talking about deprogramming and re-educating their opponents. (Mangiaracina) (Shroeder) (Houck)

We might say to ourselves, we're not political, we're Catholic, so this is between the forces of the left and right; but my worry is what those in power define as requiring “deprogramming.” The Catholic faith believes in the sanctity of life, marriage, and the family; which is not in line with the platform of those currently in power; therefore, how long does it take before this thought process of deprogramming is directed at Catholics? History reveals to us that no matter the extremism of ideologies, to the left or the right, Catholics become a target for persecution.

In this time of dark turmoil, we must maintain our awareness. We must also be wary as to alignments of power as well as the clothing worn by the wolves; whether they appear in the guise of either the sheep or the shepherd. (cf. Matthew 7:15-20) When political ideologies are in play, it all may appear beyond us, but the more we know the fullness of our faith, the easier it becomes for us to recognize the wolves under the clothing of sheep or shepherds.

Some may counsel that now is not the time to speak as censorship increases across social media and other facets of our life. We do not want to fall victim to the Cancel Culture. I would counsel the opposite. Now is not the time to remain silent, especially while we still have the chance to speak, for our judge is not whoever picks the daily rules of political correctness, but the One who laid down His life so we may have the opportunity to be forgiven of our sins.

As we make ourselves seen and heard, we must also remember we are not called to the vitriol and violence which the ideological extremists and agitators have brought to our streets, rather we must engage as we are taught in 1 Peter 3:8-17. You have heard me share this scripture before, but I believe we must periodically visit and reflect upon it as well as allow the Holy Spirit to be our guide in how we should apply it in our daily life. (cf. Matthew 10:16-20).

I invite our listeners to look up these passages, Matthew 10:16-20 and 1 Peter 3:8-17; and should we find ourselves among the persecuted for living and sharing our faith, remember also Matthew 5:3-10, especially verse 10, which reads: “*Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.*” Let us, then, pray the Holy Spirit will lead us in all which is right and just and what we may do to help accomplish the will of our Lord, which Saint Faustina reminds us, is love and mercy itself.

Why Catholics Do What We Do:

Catholic Definitions – Part XII: Soul

Greetings to everyone. Today let us look at the word “Soul.”

What is a soul? Is it a person? Is it a part of us? Where does it come from?

Each of us has a soul. The soul is our spiritual being and is given to each of us at the very beginning of our creation. When love produces a body and flesh little person, God tosses in His part, the soul, which is the spiritual completion of each of us. So at conception, new human babies are alive body and soul.

According to the CCC paragraph 366:

(CCC: 366)

The Church teaches that every spiritual soul is created immediately by God - it is not "produced" by the parents - and also that it is immortal.

To have a good definition of this word and concept, I searched further in the Catechism of the Catholic Church. In the glossary of definitions, I found this:

Soul: The spiritual principle of human beings. The soul is the subject of human consciousness and freedom; soul and body together form one unique human nature. Each human soul is individual and immortal, immediately created by God. The soul does not die with the body, from which it is separated by death, and with which it will be reunited in the final resurrection.

The soul is often a confusing term. Why? Because we cannot sense it. We don't see it like we can see our toes or other parts of our bodies. We also cannot feel it, like a stomach ache, or an ear ache. Nor can we taste it, hear it, or smell it.

The soul is the part of us that separates us from the rest of God's creations. God gave souls only to His children; the ones who are created in His image and likeness. Plants and animals do not have souls.

The soul is referred to in Sacred Scripture as well as the catechism. The soul means human life. It is the spiritual component of man. The soul is our inner most grace and gift from our Father Almighty. The soul is our inner image of God and defines us as a child of God.

This gift we call the soul is part of our very being and yet is a separate entity as well. Because of the soul our bodies will attain the highest perfections during our life time. However, when we die, our bodies will decompose, but the soul will return to Heaven.

As Catholics, we are often told to keep our souls clean. We teach that when we go to confession, we renew the cleanliness of our souls. Why is this important? When we sin, our soul is dirtied

and the more we sin, the dirtier it gets. When we reach the end of our natural lives, we want our souls to return to Heaven. The soul can only enter the realm of Heaven if it is spiritually clean. Our eternal salvation depends on having a clean soul. While sinning is part of our human make up, confession or reconciliation is the gift we are given by the Church to do the cleaning and purifying of our souls so that Heaven will truly be attainable for us.

What does this mean? How do we get this cleaning? Visit the confessional as often as possible. We don't know the day or the hour in which God will call us home and we want to be ready at all times. We truly desire that our souls will be as clean as clean can be when that time arrives.

Have a blessed week All. Remember, you are loved dearly by God the Father, God the Son, God the Holy Spirit and yes, by us as well.

If you would like to learn more about the Catholic meaning of “soul,” we invite you to follow the links in the reference section of the topic summary for this show. You can obtain the topic summary by visiting <https://wcatradio.com/armoroffaithstudyguides/> and look for episode 183.

Discussion:

As we concluded our last discussion, I mentioned that Mary told Elizabeth, “*You must walk with us along Bethlehem’s dark roads. We must seek lodging for my Flame of Love, which is Jesus Christ himself.*” Mary continued, “*We traveled those dark roads and looked for lodging, but everyone rejected us.*” (Kindelmann, 36)

As we reflect on these words, we might envision Jesus, Mary, and Joseph traveling from heart to heart as they seek refuge for the Flame of Love. Their desire is to find room for the Flame of Love within every heart. The question is, what will they find within our heart? Will there be a sign that our heart is filled with so many worldly things that we have no room for them? Will we reject them or will we invite them in so that we may help the Flame of Love to grow?

We are in times where the family is under attack as well as the values to which God calls us to live the values of selfless love. Elizabeth wrote that Jesus told her, “*You must be responsible for your family, leading them to Me, each in his own particular way. Ask for My graces on their behalf unceasingly.*” (Kindelmann, 109) He also told Elizabeth, “*Your principal missionary work will always be your family.*” (Kindelmann, 35)

When we look at the actions of Saint Joseph, we see that he took seriously his vocation to provide for and protect his family. Saint Joseph provides us an example of the love to which we are called through his care of Jesus and Mary. He followed the instructions of the angel of the Lord to accomplish his tasks.

We might ask ourselves, what would be our response if we walked in Joseph's sandals? Would we listen? Would we act? Perhaps, more importantly, would we consider who depends on us to do what is right and just? Of course, I am preaching to the choir; so we know we are called to

observe the example of Saint Joseph and we are called to encourage others in sharing the blessings of love. If we look to Saint Joseph as an example, we will do what God asks of us to help accomplish His will, which Saint Faustina reminds us is love and mercy itself.

Today, we are going to turn our discussion to the promises of Jesus and Mary as told to Elizabeth Kindelmann. We will not be able to discuss them all today, but we will try to hit some highlights. To learn more, we invite you to go to www.flameoflove.us/promises/ to explore all the wonderful learning material there.

As I read through the eight pages of quotes from Elizabeth's diary, I realized we could do a whole series on the promises alone. There is an awful lot there. One method of learning is to group like things together. As I read through the quotes, I observed five major categories of focus through what Jesus and Mary spoke to Elizabeth:

- Blind Satan
- Save souls and free them from purgatory
- Light love in families
- Renew the Earth
- The Cause will succeed

Today, we will talk briefly about the first four. The fifth I will leave to our next episode, where we will discuss living and spreading the devotion of the Flame of Love.

(Question 1: John, we talked about the prayers which blind Satan during episode 174, but there is more. Can you talk to us a little about the actions which blind Satan and why this is such an important promise?)

- Night Vigil (prayer)
- Adoration
- Assisting during Mass
- Participating in Mass

Our Lady gave a great promise: “From now on, when any of you are at prayer during the night vigil, I will give you the grace so that the Flame of Love blesses dying persons in the whole world. I will blind Satan so this Flame will save the dying from eternal damnation.” (Kindelmann, 37)

Our Lady said, “Give your confessor the instructions concerning the night vigils. These night vigils will save the souls of the dying and must be organized in every parish so someone is praying every moment. This is the instrument I place in your hands. Use it to blind Satan and to save the souls of the dying from eternal condemnation.” (Kindelmann, 91)

Our Lady explained, “You have been filled with my Flame of Love. Through you, I will fill all souls. While someone is at adoration or visiting the Blessed Sacrament, Satan loses his dominion. As a blind man, he ceases to rule over souls.” (Kindelmann, 44)

On another occasion, the Blessed Virgin promised, “If people assist at Mass without any obligation and are in God’s grace, I will pour out the Flame of Love and blind Satan during Mass. When Satan is blinded, he can do nothing. Participating in Mass helps the most in blinding Satan. He knows his downfall is near.” (Kindelmann, 47)

[Jesus said,] “Tell all that the Mass is a manifestation of my presence, and I pour out great graces through the Mass.” (Kindelmann, 83)

[Our Lady said,] “During the hours of reparation, the power of Satan will weaken to the degree that you pray for sinners.” (Kindelmann, 39)

So, as we just discussed, the prime focus of Jesus and Mary is the salvation of souls. Engaging the Flame of Love through our prayer, fasting, and penance, we not only strengthen our soul, but we also reduce the power of Satan to lead others to sin. As we just mentioned, our prayers may help keep the dying from eternal damnation.

(Question 2: Jesus and Mary told Elizabeth that through our practice of devotion we may help the dying and free souls from purgatory. Patti, can you tell us a little about what Jesus and Mary told Elizabeth about how we may help the dying and the souls in purgatory?)

- Fasting to free a priest from purgatory
- Fasting to free a family member from purgatory
- Fasting to free one's own soul from purgatory
- Prayers for the salvation of the dying
- Prayers for the conversion of even the hardest of sinners

[Jesus said,] “On Monday, pray for the Holy Souls, offering a strict fast and prayer during the night. Each time you fast, you will free a priest’s soul from purgatory. Whoever practices this fast will themselves be freed within eight days after their death.” (Kindelmann, 19)

[Jesus said,] “Those whom you freed from purgatory will welcome you. Like good friends, they will await you. This joy will never end.” (Kindelmann, 41)

Our Lady spoke: “I grant your request. If at any moment, someone prays three Hail Mary’s in my honor, while referring to the Flame of Love, they will free a soul from purgatory. During November, one Hail Mary will free ten souls. The souls in Purgatory should experience the effect of the Flame of Love.” (Kindelmann, 44)

Our Lady spoke, “I value your longing for the souls in purgatory. Until now, you had to say three Hail Marys to free one soul. In the future, three Hail Marys will free ten souls from that place of suffering.” (Kindelmann, 62)

[Our Lady said,] “If my Flame of Love is lit upon the earth, grace will be poured out upon the dying. Satan will be blinded, and through your nightly vigil, the agony of the dying will end. Even the hardened sinner will have a conversion.” (Kindelmann, 62-63)

Our Lady spoke: “My Flame of Love extends to the souls in purgatory. Write down my words and give them to those in authority. “If a family keeps a holy hour on Thursday or Friday, if someone in that family dies, the person will be freed from purgatory after one day of the fast kept by a family member.” (Kindelmann, 63)

(Question 3: Elizabeth recorded in her diary that Jesus and Mary spoke of how the Flame of Love would renew the earth. Eileen, can you comment on this renewal and why is it important we should participate?)

- The measure we love God, the world will be freed from sin
- As we light the Flame of Love in one another, the darkness is extinguished
- The world will turn to love by which to prepare for heaven

[Our Lady said,] “There has never been a time of grace like this since the Word became Flesh. **Blinding Satan will shake the world.**” (Kindelmann, 37)

[T]he Lord said that **the Spirit of Pentecost will flood the earth** with his power and a great miracle will gain the attention of all humanity. This will be the effect of grace of the Flame of Love.

Due to lack of faith, earth is entering into darkness, but earth will experience a great jolt of faith. People will believe and will create a new world. By the Flame of Love, confidence and faith will take root. **The face of the earth will be renewed because “something like this has not happened since the Word became Flesh.” Earth, although flooded with sufferings, will be renewed by Our Lady’s intercession.** (Kindelmann, 58-59)

[Our Lady said,] “*In that dark night, heaven and earth will be illuminated by the Flame of Love that I offer to souls.*” (Kindelmann, 60)

Our Lady spoke, “*Do not abandon the battle. By my Flame of Love, a new era of grace, never before known on the earth, will begin.*” (Kindelmann, 61)

[Our Lady said,] “Satan’s fire burns in some minds and hearts. I want my gentle Flame to burn there, instead. **As the number who sacrifice increases, the Flame will grow greater.** The brilliance of my Flame of Love **will fill the whole earth.**” (Kindelmann, 85)

“Go into battle. Satan tries to ruin the good. Christians cannot be satisfied with little efforts, here or there. Trust my Mother. **The world of the future is being prepared.** **The smile of my Mother will light up the whole earth.**” (Kindelmann, 101)

The heavenly Father says that **in the measure that we love God, the world will be freed from sin.** **We are responsible for one another, for our family, and our nation.** Feel responsible for the fate of all humanity. Our Lady said, “*All will see the results of their labors on behalf of the Flame of Love.*” (Kindelmann, 102)

Quotes:

From the Diary of Elizabeth Kindelmann

Jesus said, *“All are invited to join my special fighting force. The coming of my Kingdom must be your only purpose in life. My words will reach a multitude of souls. Trust! I will help all of you in a miraculous way.”* He continued, *“Do not love comfort. Do not be cowards. Do not wait. Confront the storm to save souls. Give yourselves to the work. If you do nothing, you abandon the earth to Satan and to sin. Open your eyes and see all the dangers that claim victims and threaten your own souls.”* (Kindelmann, 33)

Jesus spoke about the consecrated religious who were scattered by the Communist regime. *“Send this message to all who need to think about their vocation. Let them offer their sufferings to benefit souls. Those who cannot engage freely in apostolic activity should give themselves to a deep, spiritual life. This will produce abundant fruit. I count on their love.”*

In another message, he said, *“To you who are lukewarm. How can I gain your attention? You no longer come to me in confidence. You are content with the passing things of earth, when I want you to come to me.”* After this, Jesus said to me, *“Record my complaints. Perhaps, when they read it, their hard hearts will be inflamed. I wish I had to complain only about a few.”* (Kindelmann, 42)

December 2, 1963: Our Lady promised, *“Through a few people, a great outpouring of graces will change the world. No one must refuse my invitation.”* (Kindelmann, 124)

Final Thoughts:

One category of promises we did not have time to discuss is the promise to light love in the family and to unite scattered families. Our Lady said:

“Hungarian families are torn apart. With my Flame of Love, I want the home to come alive again with love. I want to unite scattered families. Help me! My flame of Love being lit depends on you.” (Kindelmann, 32)

Some families are full of faith, while others find it totally absent. If there is but one family member willing to listen to Jesus and Mary, they have the opportunity to help all within the family. Through prayer, fasting, penance, and the example of our personal life, we may influence others.

I must caution, the task for the conversion of family members is not just a one and done thought. From my personal experience, I discovered that Sharon prayed for me for many years before I made the turn to become Catholic. Even after that decision, there was a long journey ahead of me, nor is my path yet done. And had Sharon told me of her prayers, I'm sure I would have resisted. I was values groomed by the world and it has taken me some time to see the flaws of political ideologies and perceive the incredible design of God.

Elizabeth considers her own family's struggles and complains to Jesus that the family will need a miracle, to which Jesus replies, *“Can I not work a miracle?”* (Kindelmann, 32)

If we allow the Flame of Love to be lit within our hearts, if we pray with patience and persistence, our prayers may not be answered as we expect in the moment, but they will be answered. As love spreads from one family member to another, so shall its light be spread outside the family. Scattered families may not be united in the time frame we expect, but if our prayers help to save dying souls, we shall be united in heaven. Parents should also reflect on this; if we do not teach our children to pray for the souls in purgatory, who will pray for us?

Let us, then, allow the Flame of Love to be lit within us so we may pass it on to all who surround us.

Wrap Up: Well, our time has once more come to an end. We hope you will be able to join us next time as we turn our discussion to living and spreading the devotion of the Flame of Love.

Let us conclude with a prayer: Heavenly Father, we thank you for this opportunity to share the blessings of our trust and faith in You. We pray that as we go our separate ways, You will continue to walk with us and help us to see how we may put on the armor of **truth, righteousness, peace, faith, salvation,** and the **Word** of the gospel not only for the benefit of our lives, but also the lives of all who cross our path.

And let us share the Flame of Love Prayer:

*Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners,
spread the effect of grace of thy Flame of Love over all of humanity,
now and at the hour of our death. Amen.*

In the name of the Father, the Son and the Holy Spirit, we pray. Amen.

Thank you all and God bless.

Next Session: Flame of Love – Part XII: Living and Spreading the Devotion

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