



The Armor of Faith
Topic Summary: Saints of Inspiration
Part XI: Saint of Lost Things



Saint Anthony of Padua
Public Domain

Introduction

[Greeting:] → Welcome to “The Armor of Faith,” a show where we hope to bring our listeners closer to the Word of God and the blessings we receive through living in the fullness of the Catholic faith. My name is Doug and I will be your host as we discuss the blessings of the Church Christ built upon Peter.

I am joined today by my panel: [names]

Helen is a lay-Dominican with a love for music ministry. The Dominicans, I always mention, are also known as the Order of Preachers. Sharon, in addition to being my lovely wife as well as a wonderful blessing in my life, is a youth and adult formation catechist. We are also blessed to have on our panel, Donna Mae, who is the artist who sculpted the statue of Our Lady of America which was carried by our youth and blessed by Saint John Paul II at the 1993 Word Youth Day.

Of course, as everyone knows by now, I am simply here to ask questions because if I didn't, what would I do? I'm sure someone might have some snappy answers to that, so, maybe its better we quickly move one. Anyway, the hard part we leave to our panelists, which is to answer my questions, correct my pronunciation, and make sure I know which century I am talking about, so welcome to our panelists as well as to our listeners.

Let us open with a prayer:

In the name of the Father, the Son and the Holy Spirit.

Heavenly Father, we lift up our hearts in thanks and praise for this opportunity to open and share your Holy Word this day. We pray that You are with us and all our listeners as we share with one another the blessings of faith. We pray You will grant us wisdom and understanding as we seek to learn Your Holy Truth.

Dear Lord, we also lift up the prayers in our prayer basket. You know what is written on each one and you know the hearts of those who offer their thanks and praise as well as their petitions for the blessings of Your great mercy.

We pray especially today for the defense of our children. There are so many forces within the world seeking to seduce them. We pray You will guide parents in how they may protect the innocence of their children while preparing them to put on the whole Armor of God so that as they grow to assume their vocations, they are prepared to stand firm against the tactics of the devil and resist the evil day.

We pray too, dear Lord, for all of our good shepherds who suffer from affliction. Our good shepherds are so few and we are in such desperate need for them. We pray You will grant them the wisdom, courage, and strength, as well as the good health by which to minister to and teach Your flock. We also pray You will help the faithful discern the good shepherds so they may come to them for truth and be nourished with Your Holy Word so Your faithful may all go forth and share the true blessings of the Gospel and our faith in Jesus Christ.

Let us also lift up the Flame of Love Prayer:

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners,

spread the effect of grace of thy Flame of Love over all of humanity, now and at the hour of our death. Amen.

In the name of the Father, the Son and the Holy Spirit we pray. Amen.

If you would like to add your prayers to our prayer basket, all you need to do is send us an email at armoroffaithradio@gmail.com. We ask that you include the word “prayer” in the subject line so that we will give it priority and ensure we place it in our prayer basket. Just so you know, Sharon and I lift up our prayers with those in the Armor of Faith Radio prayer basket during the course of our daily prayers.

We want to inform everyone that as this is the final episode of this series, we are also going to begin a study and discernment break. Of course, all of our episodes are available on demand, so until we return in September, we invite you to catch up on past series and episodes you may have missed or would simply like to listen to again. Go ahead and scroll through the options. We also invite you to share with friends and family the links to your favorite shows. You can share via email, text, or social media. You may want to listen together in small groups and share your observations with one another. Join the evangelization and help us share the good news of the Gospel and our faith in our Lord and Savior, Jesus Christ.

We would also like to ask for your prayers. During this break, we will study and discern how to expand the reach of Armor of Faith Radio as well as how to use various technology and media forms by which to improve the quality of our evangelization. When we return, we will begin with a series on the Sanctity of Life, Marriage, and Family. Especially in this day where politics have infected practically every institution of our society, including our Church, we must learn

how to assess the threats and determine how we will prepare our parishes and the next generation to defend against the forces working to destroy these fundamental gifts of our Lord.

Current Day Commentary:

Prayer for our Priests and the Flock

We cannot help but recognize the multitude of forces working to divide and scatter the faithful. It has been this way from the beginning and includes the forces of our own rivalries. Let us remember the concerns of Saint Paul as he wrote to the Corinthians:

(1 Corinthians 1:10-17)

10 I urge you, brothers, in the name of our Lord Jesus Christ, that all of you agree in what you say, and that there be no divisions among you, but that you be united in the same mind and in the same purpose. 11 For it has been reported to me about you, my brothers, by Chloe's people, that there are rivalries among you. 12 I mean that each of you is saying, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." 13 Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? 14 I give thanks [to God] that I baptized none of you except Crispus and Gaius, 15 so that no one can say you were baptized in my name. 16 (I baptized the household of Stephanas also; beyond that I do not know whether I baptized anyone else.) 17 For Christ did not send me to baptize but to preach the gospel, and not with the wisdom of human eloquence, so that the cross of Christ might not be emptied of its meaning. 18 The message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

It makes sense that the evil one will go after the shepherds of our Church the most, for if the shepherds are divided, so shall be the flock. I have noticed with grave concern that our good shepherds are being silenced while the Progressive shepherds appear to be given free reign to preach politics and secular values over the Word of God, or they endeavor to twist God's Holy Word by which to bolster political ideologies. We must guard against this from extremist factions of both the left and the right, for Satan cares not how we miss the mark of what God asks of us, only that we do.

Because our priesthood has been infiltrated with wolves in the clothing of shepherds and the numbers of our good shepherds appear to be dwindling, we must lift up all of our priests in prayer. We must pray the Holy Spirit will steer our priests away from the temptations to operate the Church as if it were a political party versus the Church of love, mercy, and salvation which Christ built upon Peter. We must pray our priests shall lead us to the correct path upon which to walk our journey of faith. We must also pray, the wolves in the clothing of shepherds shall be revealed, but we must pray for them as well, for they know not what they do; they do not understand the error of their ways, the harm which they cause, or the evil which they spread. We must pray the eyes of their hearts shall be opened, just as the eyes of Saul, so that they may repent and turn to teach and prepare the flock to resist the tactics of the devil so they may stand firm against the evil day. (cf. Ephesians 6:10-17)

Let us also consider Saint Paul's charge to Timothy.

(2 Timothy 4:1-5)

1 I charge you in the presence of God and of Christ Jesus, who will judge the living and the dead, and by his appearing and his kingly power: 2 proclaim the word; be persistent whether it is convenient or inconvenient; convince, reprimand, encourage through all patience and teaching. 3 For the time will come when people will not tolerate sound doctrine but, following their own desires and insatiable curiosity, will accumulate teachers 4 and will stop listening to the truth and will be diverted to myths. 5 But you, be self-possessed in all circumstances; put up with hardship; perform the work of an evangelist; fulfill your ministry.

Let us also pray our Lord will raise up for us a multitude of religious and priests; priests and religious who will teach the people our Lord's Holy Truth, who will do what is right and just and who will lead the people in all which is right and just so that hearts may be opened to our Lord and prepared to help accomplish the will of God, which a certain saint reminds us is love and mercy itself.

Why Catholics Do What We Do:

Catholic Definitions – Part XXV: Hope

The Catholic Church has three theological virtues; Faith, Hope and Charity. We have discussed Faith and Charity, so today we will discuss Hope. First, let us learn of the definition of the three virtues.

According to the Catechism of the Catholic Church:

II. THE THEOLOGICAL VIRTUES

(CCC: 1812)

The human virtues are rooted in the theological virtues, which adapt man's faculties for participation in the divine nature: for the theological virtues relate directly to God. They dispose Christians to live in a relationship with the Holy Trinity. They have the One and Triune God for their origin, motive, and object.

(CCC: 1813)

The theological virtues are the foundation of Christian moral activity; they animate it and give it its special character. They inform and give life to all the moral virtues. They are infused by God into the souls of the faithful to make them capable of acting as his children and of meriting eternal life. They are the pledge of the presence and action of the Holy Spirit in the faculties of the human being. There are three theological virtues: faith, hope, and charity.

The Church provides us with so many means of finding holiness and making our way to Heaven. The three theological virtues are vitally important for us to know and understand so that we can have that grace to make our way along that narrow path to the gates of Heaven.

I cannot say it any better than the Catechism of the Catholic Church, so here is the explanation of Hope that is given in the catechism.

Hope

(CCC: 1817)

Hope is the theological virtue by which we desire the kingdom of heaven and eternal life as our happiness, placing our trust in Christ's promises and relying not on our own strength, but on the help of the grace of the Holy Spirit. "Let us hold fast the confession of our hope without wavering, for he who promised is faithful." "The Holy Spirit, he poured out upon us richly through Jesus Christ our Savior, so that we might be justified by his grace and become heirs in hope of eternal life."

(CCC: 1818)

The virtue of hope responds to the aspiration to happiness which God has placed in the heart of every man; it takes up the hopes that inspire men's activities and purifies them so as to order them to the Kingdom of heaven; it keeps man from discouragement; it sustains him during times of abandonment; it opens up his heart in expectation of eternal beatitude. Buoyed up by hope, he is preserved from selfishness and led to the happiness that flows from charity.

(CCC: 1819)

Christian hope takes up and fulfills the hope of the chosen people which has its origin and model in the *hope of Abraham*, who was blessed abundantly by the promises of God fulfilled in Isaac, and who was purified by the test of the sacrifice. "Hoping against hope, he believed, and thus became the father of many nations."

(CCC: 1820)

Christian hope unfolds from the beginning of Jesus' preaching in the proclamation of the *beatitudes*. The beatitudes raise our hope toward heaven as the new Promised Land; they trace the path that leads through the trials that await the disciples of Jesus. But through the merits of Jesus Christ and of his Passion, God keeps us in the "hope that does not disappoint." Hope is the "sure and steadfast anchor of the soul that enters where Jesus has gone as a forerunner on our behalf." Hope is also a weapon that protects us in the struggle of salvation: "Let us put on the breastplate of faith and charity, and for a helmet the hope of salvation." It affords us joy even under trial: "Rejoice in your hope, be patient in tribulation." Hope is expressed and nourished in prayer, especially in the Our Father, the summary of everything that hope leads us to desire.

(CCC: 1821)

We can therefore hope in the glory of heaven promised by God to those who love him and do his will. In every circumstance, each one of us should hope, with the grace of God, to persevere "to the end" and to obtain the joy of heaven, as God's eternal reward for the good works accomplished with the grace of Christ. In hope, the Church prays for "all men to be saved." She longs to be united with Christ, her Bridegroom, in the glory of heaven:

Hope, O my soul, hope. You know neither the day nor the hour. Watch carefully, for everything passes quickly, even though your impatience makes doubtful what is certain, and turns a very short time into a long one. Dream that the more you struggle, the more you prove the love that you bear your God, and the more you will rejoice one day with your Beloved, in a happiness and rapture that can never end.

Hope is truly important to our spiritual growth. We must live our lives with hope. We must live with hope knowing that we are children of God and that He will always do for us what is the best for us. We must all have hope in salvation. We must have hope that by following the laws of God, we will be rewarded at the final hour. Let us be a hopeful creation and follow the teachings of God.

Have a blessed week All. Remember, you are loved dearly by God the Father, God the Son, God the Holy Spirit and yes, by us as well.

If you would like to learn more about the Catholic meaning of “Hope,” we invite you to follow the links in the reference section of the topic summary for this episode. You can obtain the topic summary by visiting <https://wcatradio.com/armoroffaithstudyguides/> and select episode 196.

Discussion:

As we concluded our last discussion, I mentioned that the story about Saint Peregrine which touched me the most was not the healing from the cancer of the body at the age of 60, but the healing of the cancer of the mind at the age of 18 when he turned from his political affiliation to repent and transform his life to help accomplish the will of God.

What do I mean by “the cancer of the mind?” It is that cancer which spawns from political and ideological arrogance and lusts for worldly power. It is that cancer that manifests itself through deception, intimidation, and violence. It is that cancer which seduces us away from what God asks of us, or worse, causes us to rebel against the ways of our Creator. It is the cancer of poor reasoning which yields poor choices. It is the one cancer which is contagious, which infects minds and corrupts reasoning and judgment. It is the cancer of evil which yields the death of spirit and soul.

Yes, Saint Peregrine is available to us as an intercessor to help us pray for loved ones and ourselves to obtain physical healing from cancer and life threatening afflictions, but we may want to consider the more difficult realm; the realm of mind and spirit. In addition to our prayers for those who suffer from cancer and serious illness, let us ask Saint Peregrine to help lift up to the Lord our prayers which petition for the healing of souls from the scourges of the ideological cancers which plague our world and threaten our spiritual health.

As we turn to the final saint we shall discuss in this series, I want to remind everyone, we did not select this group of saints to identify a top twelve list of saints, rather, simply to open the door to the inspiration the saints may provide us, not just from the experience of their

generation, but also the work which they do from heaven. There are so many others we may endeavor to discover.

The saint we will discuss today is the saint of lost things. Perhaps it is fitting we should end the series with this saint, for the most important thing for us to find is the fullness of our faith, for the more we know our faith, the more difficult we make the task for the one who would deceive us away from what God asks of us.

This saint's given name is Fernando Martins de Bulhões. He was born on 15 August 1195 to a wealthy and noble family who lived in Lisbon, Portugal. He was educated through various Catholic institutions. After his ordination to the priesthood, he found his way to become a Franciscan and took the name Anthony. Inspired by the example of five Franciscans who were martyred while attempting to spread the Gospel to the Moors, Father Anthony expressed a desire to take on the mission himself. According to an account by St. Anthony Shrine, they state:

True to their promise, the Franciscans allowed Anthony to go to Morocco, to be a witness for Christ, and a martyr as well. But, as often happens, the gift he wanted to give was not the gift that was to be asked of him. He became seriously ill, and after several months realized he had to go home. (St. Anthony Shrine)

In the attempt to return home to regain his health, the ship carrying Father Anthony was put off course by a storm and he was brought to Sicily, Italy. From there, again as a result of his poor health, he found himself assigned to a rural hermitage near Forli Italy. It was in Forli where, discovering no one was prepared to give the homily for an ordination, the head of the hermitage turned his eyes to Father Anthony. Despite his humble objection, Father Anthony was selected to give the impromptu homily which left a profound impression upon those present due to his eloquence of speech, substance, and knowledge of scripture. (St. Anthony Shrine) Certainly, God had a mission for Father Anthony to preach, but it was not as Father Anthony had expected.

(Question 1: This is a dilemma we all may have from time to time, which is to have a goal, but we find ourselves redirected and walking paths we did not expect. Sometimes, it may be the evil one distracting us from what God asks of us, but I have also found, it can also be God nudging us to the path He desires for us. How might we recognize the difference between the obstacles of the evil one and the nudges of God?)

Remember the old joke, "If you want to make God laugh, tell Him your plans."

- What is the nature of the obstacle?
 - ➔ Confidence
 - ➔ Ability
 - ➔ Availability of means or resources
 - ➔ Opponents
 - ➔ Distraction
 - ➔ Ourselves
- What is the nature of alternative paths?

- ➔ Seduction
 - ➔ Challenge
 - ➔ Hardship
 - ➔ Easy
 - ➔ Less traveled
 - ➔ Discouragement
 - ➔ Opportunity → but for whom and what?
 - ➔ Closed door
- Do we observe the presence of God in the alternatives ahead of us?

(Thought: As we examine the environment of an obstacle, it is not always clear as to the reason it is there and whether we should endeavor to overcome it. An obstacle may be placed by the evil one to divert us from what God desires for us. It may also be placed so God may nudge us to help accomplish His will. In other words, it may be an obstacle to overcome, or it may be an obstacle to push us in a different direction. If we do not recognize the hand behind the obstacle, we must lift up our prayers to the Holy Spirit to lead us in understanding. We might also enlist Saint Anthony to help us find the path which God desires we walk.)

(Revelation 3:7-8)

7 *“To the angel of the church in Philadelphia, write this:*

*“The holy one, the true,
who holds the key of David,
who opens and no one shall close,
who closes and no one shall open,*

says this:

8 *““I know your works (behold, I have left an open door before you, which no one can close). You have limited strength, and yet you have kept my word and have not denied my name.*

(Revelation 3:13)

13 *““Whoever has ears ought to hear what the Spirit says to the churches.””*

The reputation of Father Anthony's preaching eventually reached the ears of Saint Francis who asked Father Anthony to educate the friars of the Franciscan Order. If the friars are to teach the holy truth, they require a firm knowledge of the scriptures.

(Question 2: The knowledge which Saint Anthony held was not just taken from thin air, but required his own study and discipline of learning. Something about which we must reflect, is that we all have a call to evangelization to one degree or another, or in one form or another. Remember, Saint Peter advised us to always be prepared to give reason for our hope. (cf. 1

Peter 3:15) Of course, if we are to share or teach, we must first learn. If we are to share our Lord's holy truth, what might we study from which to learn?)

- Listen to and reflect on the Liturgy of the Word
 - Read and reflect on scripture
 - Read and reflect on the writings of the church
 - ➔ Catechism of the Catholic Church
 - ➔ Writings of the Doctors of the Church
 - ➔ Writings of the Saints
 - ➔ Writings of the Popes
 - Pray for the Holy Spirit to lead our understanding
 - We might also ask Saint Anthony to help us find what we must know to share
-

Of course, most Catholics recognize Saint Anthony as the patron saint of lost things. According to tradition, Saint Anthony found his Psalter missing. We must remember, that this was in days before the printing press, therefore, books, especially a Psalter, were quite expensive due to the extensive labor required to produce a copy. The book was even more valuable to Saint Anthony in that it also contained his own extensive notes from which he taught the other friars. Saint Anthony prayed the Psalter would be found or returned.

The Psalter was apparently taken by a novice who was disillusioned with religious life and decided to depart the Order. The novice apparently regretted his action and not only returned the Psalter, but also returned to the Order.

(Question 3: There are many a joke about asking Saint Anthony to help us find what is lost. "Saint Anthony, help me find my keys," we may cry out in frustration. While that may be a prayer for momentary help, for what else might we ask him to help us to find?)

- Help us to find the truth we must know
- Help us to find what we need from the deposit of faith
- Help us to find the path which God desires us to walk
- Help us to find the purpose to which we may put the gifts and talents God created in us
- Help us to find the vocation our Lord desires of us
- Help us to find good shepherds
- Help us to find means by which we may help others in need
- Help us to find the means by which to help accomplish God's will

(Thought: Let us consider prayers for lost souls, lost hearts, lost nations, and a lost world. Let us pray all shall find the path to Jesus, the stone which was rejected (cf. Psalm 118:22, Matthew 21:42, Acts 4:11), but who is the way the truth, and the life (cf. John 14:6)

For a novena in honor of the Saint of Lost Things, we recommend visiting novenaprayer.com and search for Saint Anthony. <https://novenaprayer.com/?s=Saint+Anthony> You will find several from which to choose.

Feastday: 13 June

Patron: Poor, Lost Things, Oppressed People, Lost souls, Lost People

Death: 13 Jun 1231

Canonized by: Pope Gregory IX

Quotes:

Quotes from Saint Anthony of Padua

Actions speak louder than words; let your words teach and your actions speak.

The saints are like the stars, who, in His providence, Christ hides under a seal, lest they appear whenever they wish. Instead, they are always ready to disembark from the quiet of contemplation into the works of mercy at the time decided upon by God, whenever their heart should hear the word of command.

So the religious soul finds in the heart of Jesus a secure refuge against the wiles and attacks of Satan, and a delightful retreat. But we must not rest merely at the entrance to the hole in the rock, we must penetrate its depths. At the mouth of the deep hollow, at the mouth of the wound in his side we shall, indeed, find the precious blood which has redeemed us. This blood pleads for us and demands mercy for us. But the religious soul must not stay at the entrance. When she has heard, and understood, the voice of the divine blood, she must hasten to the very source from which it springs, into the very innermost sanctuary of the heart of Jesus. There she will find light, peace, and ineffable consolations.

Solicitude for material things distracts the soul and divides it. The devil seizes the divided soul and drags it to hell.

The life of the body is the soul, the life of the soul is Christ.

Do you want to have God always in your mind? Be just as he made you to be. Do not go seeking another “you.” Do not make yourself otherwise than he made you. Then you will always have God in mind.

Final Thoughts:

I want to talk a moment about this last quote, for it can be misinterpreted. We must consider carefully the advice which we are given by Saint Anthony, “Be just as He made you to be.” That does not mean He made us for our flaws, but for us to find the path away from our flaws. He did not make us to live according to the seductions of the world or to be acceptable to the Politically Correct. He made us a child of His creation and in His image. We must discern the purpose for which He made us. We must discern to what purpose He desires we put the gifts and talents He created within us to help accomplish His will.

We should also notice in this statement, the words, “to be.” In other words, we are now in the making. Everything we experience influences and molds us. We can allow God to mold us, or we can allow the world and the evil one to do it. We can seek our own expectations, or we can seek what God expects of us. Freewill places the choice at our feet. If we think we need help to make the right choice, perhaps we can call upon Saint Anthony to help us in that quest.

Hopefully, during the course of this series, we have broadened not only your knowledge of a few of the saints, but also how God uses them, not simply to inspire us in our daily endeavors, but more importantly, how they may influence us to influence others. Certainly, we may ask the saints to help us during our journey in this world, but we must also allow them to guide us in our preparation for the world to come.

Let us remember, while we may pray to ask the saints to intercede for us, they also endeavor to intercede with us, especially our Blessed Mother. They always point to and encourage us to come to the Sacred Heart of our Lord and Savior, the path to our salvation, the ultimate hospital for the wounded soul, a Heart filled with Love and Mercy.

There is so much more we could share about the Saint of Lost Things, but again, we have so little time. If you would like to learn more about Saint Anthony, we invite you to follow the links in the reference section of the topic summary for this show. You can obtain the topic summary by visiting <https://wcatradio.com/armoroffaithstudyguides/> and look for episode 196.

Wrap Up: Well, our time has once more come to an end. We hope you will be able to join us after we conclude our study and discernment break and turn our discussion to the Sanctity of Life, Marriage, and Family.

Let us conclude with a prayer: Heavenly Father, we thank you for this opportunity to share the blessings of our trust and faith in You. We pray that as we go our separate ways, You will continue to walk with us and help us to see how we may put on the armor of **truth, righteousness, peace, faith, salvation**, and the **Word** of the gospel not only for the benefit of our lives, but also the lives of all who cross our path.

And let us share the Flame of Love Prayer:

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

*Holy Mary, Mother of God, pray for us sinners,
spread the effect of grace of thy Flame of Love over all of humanity,
now and at the hour of our death. Amen.*

In the name of the Father, the Son and the Holy Spirit, we pray. Amen.

Thank you all and God bless.

Next Session: Sanctity of Life, Marriage, and Family – Part I: What is Sanctity?

Current Day Commentary References:

The New American Bible, Revised Edition (NABRE); (9 Mar 2011); United States Conference of Catholic Bishops; <http://uscgb.org/bible/books-of-the-bible/index.cfm>

Why Catholics Do What We Do References:

Holy See; (15 Aug 1997); Catechism of the Catholic Church; Vatican
http://www.vatican.va/archive/ccc_css/archive/catechism/p3s1c1a7.htm

The New American Bible, Revised Edition (NABRE); (9 Mar 2011); United States Conference of Catholic Bishops; <http://uscgb.org/bible/books-of-the-bible/index.cfm>

USCCB; (May 2016); Catechism of the Catholic Church; United States Conference of Catholic Bishops; <http://ccc.usccb.org/flipbooks/catechism/index.html>

Discussion References:

Spilsbury, Paul (translated into English by); (1979); The Sermons of Saint Antony of Padua; Bristol; https://www.documentacatholicaomnia.eu/03d/1195-1231,_Antonius_Patavinus,_Sermones,_EN.pdf

St. Anthony Shrine; (accessed 28 Apr 2021); “Who is St Anthony of Padua?;” stanthony.org; <https://www.stanthony.org/who-st-anthony/>

The New American Bible, Revised Edition (NABRE); (9 Mar 2011); United States Conference of Catholic Bishops; <http://uscgb.org/bible/books-of-the-bible/index.cfm>

USCCB; (May 2016); Catechism of the Catholic Church; United States Conference of Catholic Bishops; <http://ccc.usccb.org/flipbooks/catechism/index.html>

Wikipedia; (16 Apr 2021); “Anthony of Padua;” Wikimedia Foundation, Inc; https://en.wikipedia.org/wiki/Anthony_of_Padua